



# ICE-SAR training camp

Name of Journey: :	<b>W04 – ICE-SAR training Camp</b>
Objectives:	
<ul style="list-style-type: none"><li>• <b>Get to know ICE-SAR training</b></li></ul>	

**Haven't you always dreamed of being in a rescue squad, going through rain and hail to rescue those unfortunate enough to get in trouble by the forces of nature (or their own...)**

Well, to be able to join rescue teams, Icelanders (many of them Scouts) have to go through some very tough training. But not all the training aspects are unpleasant. Some of them are actually both fun and might come in handy if you ever get yourself in a geological trouble.

ICE-SAR rescue team has a great training area at Gufuskalar with realistic disaster facilities.

### **Activities available**

- Abseiling
- Climbing
- Hiking
- Sailing
- Box climbing
- Caving
- Searching
- Sleeping outside

<b>Good to know before choosing:</b>	
<b>How hard is it:</b>	<b>**</b>